

Stein Chiropractic Center

Weekly Wisdom

February 7 – February 11, 2011

Aspiration

“Those who live without knowledge of the Laws of the Body, Mind and Soul may be compared to a ship without a rudder. They are tossed about on the great sea of life by detrimental thoughts and actions that they allow to affect them due to a lack of understanding. A time comes in each of our lives, however, when we aspire to seek the Truth, and in seeking we will find. This brings wisdom, and wisdom soon brings the intellect under control so that it begins to seek the spiritual treasures instead of the material.

Inevitably someone possessing spiritual wisdom always expresses with a conduct many writers refer to as "live and let live." Such souls recognize that the universe is run under exact law. In natural sequence comes the knowledge that all are ONE. All are traveling the same path of evolution toward perfection. Knowing that, the soul then begins to enlighten those who are farther back on the path.

There are ignorant, thoughtless and indolent people who seek the easy way of obtaining what they desire. They speak of luck, fortune, and chance, envying the rich, the talented, the intellectual. They refuse to recognize the trials and struggles that were necessary for others to have accumulated these desirable things. Instead, they feel as if they should possess these things-but without thought and effort. Such individuals should realize that the accumulation of either material or spiritual wealth calls for sacrifice, the exercise of faith, and the overcoming of apparently insurmountable difficulties. We cannot gain anything of value and really enjoy it without effort.

Laws of Life Class

Please join us Tuesday's at 7pm to discuss *HEALTH in mind, body, and soul. Find the cause for disease with the **Laws of Life Class!***
Also, pick up a copy of Am I All of That?, the children's version of The Book of Life
It is a great book to read together as a family!

Haha!

Andy's wife, refusing to give in to the looks of growing old, goes out and buys a new line of expensive cosmetics guaranteed to make her look years younger.

After a lengthy sitting before the mirror applying the "miracle" products, she asks her husband - "Darling, honestly, if you didn't know me, what age would you say I am?"

Looking over her carefully, Andy replied...

"Judging from your skin, twenty;
your hair, eighteen;
and your figure, twenty five."

"Oh, you flatterer!" she gushed. Just as she was about to tell Andy his reward, he stops her by saying...

"WHOA, hold on there sweetie!" Andy interrupted. "I haven't added them up yet!"

4			5		1	6		
3	1					2	7	9
1	6				5			3
6					3			7
5		7				1		4
7			9					2
8			7				3	5
9	8	2					5	6
		3	6		7			1

Weekly Sudoku Stars:

Kaipo Eager and Sara Baila Lederman!



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The Greatest Treasure is Peace

By: Myrtle Whittenberg and Charles Craig

PEACE - that priceless treasure of the soul - is the thing to be sought. It can be achieved by having KNOWLEDGE of YOURSELF and the UNIVERSE in which you live, PROVIDED you put the knowledge to work. In Concept-Therapy and Conceptology we have the KNOWLEDGE but you must dig it out and apply it in YOUR LIFE. There is more PEACE in this philosophy than there is gold in the ground, but like the gold - one must dig for it.

A time comes to each man and woman, when he or she becomes tired of the false and longs for the true. To such a one, Concept-Therapy becomes a Godsend. Here they find the tools, which enable them to DIG for the PEACE. If your love is not PEACE but material things, then somewhere along the climb to the top you will fall out and be forgotten by those who still climb.

May we, as Beamers, strive to be better and greater instruments of PEACE in the coming years. In so doing, may we keep in mind that PEACE is something that we give to the world, not something we take out of it. Why then do we cry for PEACE with WAR in our hearts? Is it perhaps because we think of it only as being outside ourselves, forgetting our personal involvement in it?

Minor irritations left unchecked multiply, rebound and explode. We cannot afford to indulge in petty disturbances or irritabilities if we would have PEACE IN OUR WORLD. Only as we know PEACE WITHIN OUR HEARTS can we experience it in our world. It is our individual responsibility.

We should also realize that in reality "We do not change the world, we change ourselves. Peace is implanted in the heart. It acts as a stabilizing force that gives poise and upholds us in confidence wherever we are. The PEACE we KNOW and EXPRESS is our personal contribution to a PEACEFUL WORLD.

Quote of the week:

"Take the first step in faith. You don't have to see the whole staircase. Just take the first step." - Dr Martin Luther King Jr.