

Stein Chiropractic Center

Weekly Wisdom

February 14-February 18, 2011

Love

"How cold and barren and meaningless is life where love is wanting? What satisfaction or reward comes in performing tasks or rendering service for mere material gain, or in the line of duty, without inspiration of love? When human souls mingle among each other, or in groups, societies, organizations or nations, their actions are governed by either greed or love. If love does not predominate, then someone suffers to the degree that another gains.

As the soul conquers its weaknesses, meets the requirements for progression and returns to its pure nature, love, fanned by the breath of purity, awakens and flames into being. The life that is lived in accordance with the Laws of the Body, Mind, and Soul, and which embodies all the other positive attributes, culminates in love.

Love is the fruition of the purified nature. When individuals who have so risen come together and their pure elements connect through the law of spiritual affinity, love becomes active. Then, true to its nature, it radiates and blesses whoever it touches."

Quote of the week:

"Your task is not to seek for love, but merely to seek and find all the barriers within yourself that you have built against it."

A Course In Miracles

Laws of Life Class

Please join us Tuesday's at 7pm to discuss HEALTH in mind, body, and soul. Find the cause for disease with the **Laws of Life Class!** Also, pick up a copy of Am I All of That?, the children's version of The Book of Life It is a great book to read together as a family!

What Am I?

"I have hundreds of friends, smaller than thee, all of them are a part of me. Connected through live wires, my friends and I are scared of fires. Break me down and I shall fall. All will hear me, for I am tall." What am I?

4	6	2	7			1	5	
3			1		4		7	
1								
7	9		8	3	5	2	4	
							3	
2			4		9		6	
9	1				3	7	4	2

Puzzle by outstuck.com

Weekly Sudoku Stars:

Cristina McLeod and Sara Baila Lederman!



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In Search of the Child Within

By Warren McKenney, CEO, Concept-Therapy Institute, Inc.

Do any of us really know who we are? Oh, I'm not talking about the part of us that everyone sees. That part of us is well known. That is the part of us that we learn to show the world, to ourselves. It was taught to us at an early age. Do you remember being told, "Don't do that, stop acting like a child!" When all you were really doing was "acting like a child" because you were a child.

We all wanted to grow up so fast. We wanted to be like - our older brothers and sisters, our parents, the grown-ups on TV or the movies. And our parents wanted us to grow up so fast also, no matter what they now say! So we did and in the doing somehow we may have lost who we really are - **THE CHILD WITHIN**.

Do you remember that child? Think back, remember with me what we were in those "early years", in our "little life". We were happy, always smiling, always looking for the next adventure, the next challenge. We met that challenge with enthusiasm and a wonder of the unknown. If we fell down and skinned our knee, we picked ourselves up and forged ahead - knowing that everything was going to turn out OK. We had perfect faith - in our parents, in our teachers, in the Power that ran the universe, whatever we called It. We awoke each day with wonder in our hearts and became creative in experiencing the world. We were open and honest in life's attempt to teach us the lessons we needed to learn to grow and survive.

And then something...happened. An event or series of events occurred that caused us to change our attitude, to lose sight of the **CHILD WITHIN**. Oh, we had a lot of help in losing our innocence - our parents, our environment, our schools, our "friends", our religion, the media, our reactions...the years taught us well. Do you remember the phrases, "Stop acting like a child", "When will you ever grow up?" "Will you quit daydreaming all the time?" "Why can't you ever do anything useful?" "It's time you went out and got a good job and make some money."

...And the child was lost. But, if we can recapture that *feeling* of being that child, we will find the **CHILD WITHIN** again. So think back, remember the *feeling* of enthusiasm for life's challenges; remember the *feeling* of having perfect faith; remember the *feeling* of being creative in experiencing our world and finally, remember the *feeling* of being open and honest to the lessons life sends us. Recall this every morning before you start the first day of the rest of your life and you will find again, that happy, smiling, **CHILD WITHIN**. Let's begin the journey together!